



LUNCH/DINNER MENU

STARTERS

Charred Salsa (tortilla or house chips)	5
Smoked Pork Queso (topped w/bacon)	6
Fried Pickles (w/dijonnaise)	6
Spinach Dip (topped w/bacon & jalapenos)	7
▶ Bacon Cheese Grit Puppies (w/dijonnaise & sweet chili)	7
Loaded Fajita Nachos	7
- Add Grilled Chicken (+3) or Steak (+7)	
House Guacamole (tortilla or house chips)	8
▶ Fried Green Tomatoes (w/chipotle ranch & dijonaise)	8
Boneless Hot Wings (fried; w/ranch or bleu cheese)	8
Caprese Salad (mozzarella, tomatoes and basil pesto with balsamic drizzle) GF	10
Poached Shrimp Cocktail (w/cocktail sauce) GF	10
▶ Yellowfin Ahi Tuna* (pan-seared saku, served rare w/creamy cucumber slaw & chipotle aioli) GF	11

ENTREES

▶ Chicken Mac grilled chicken over elbow macaroni in a creamy white cheddar sauce, topped with bacon, tomatoes, & scallions	15
Pesto Pasta & Meatball 10 oz. housemade meatball with mushroom pesto linguine and a dab of marinara	16
Tuscan Garden Pasta linguine tossed in lemon dill cream sauce with artichokes, mushrooms, tomatoes, caramelized onions, asparagus, Boursin cheese	17
- Add Chicken (+3), Shrimp (+5), Beef (+7)	
▶ Beef Burgundy Pasta* beef tenderloin over linguine mixed in a mushroom burgundy cream sauce with onions, topped with parmesan cheese	20
Chicken Tenders Plate (Grilled or Fried) choice of sauce and 2 sides (GF grilled only)	16
▶ Sweet Chili Pork Chop* tender 12 oz center cut chop, sweet chili sauce (on side), choice of 2 sides GF	22
▶ Kristen's Stir Fry Chef Kristen's popular recipe: fried rice, broccoli, carrots, mushrooms, cilantro, scallions, toasted sesame, housemade Teriyaki sauce GF	18
- Add Chicken (+3), Shrimp (+5), Beef or Tuna (+7)	

SALADS

Add chicken or chicken salad (+3), shrimp (+5), salmon or mahi mahi (+6), beef or tuna (+7)	
Field Greens (small/large)	4/8
Caesar (small/large; w/fried okra)	4/8
Strawberry Pecan (w/balsamic cranberry vinaigrette) (featuring strawberries, pecans, bacon, bleu cheese crumbles)	9
Chef Salad (with smoked turkey & ham)	10
Cobb Salad (large field greens salad with bacon & egg)	10
<i>Dressings:</i> Bleu Cheese • Caesar	
Balsamic Cranberry Vinaigrette • Honey Mustard	
Oil & Vinegar • Ranch • Thousand Island	

SOUPS

Homemade Soups of the Day (cup/bowl)	4/6
- Ask about our seasonal soup flavors of the day	

▶ ...Seven Senses Favorite
GF ...Gluten Free Item (before sides)

Tennessee Meatloaf 2 loaves of homemade meatloaf, parmesan mashed potatoes, garlic green beans	17
▶ Grilled Atlantic Salmon 6 oz. grilled salmon filet topped with herbed cheese, served with garlic green beans, mashed potatoes, balsamic cranberry drizzle GF	22
Lemon Pepper Mahi Mahi 6 oz. grilled Mahi Mahi filet with lemon pepper seasoning, choice of 2 sides GF	22
Teriyaki Tuna* 8 oz. pan-seared saku (served rare), fried rice, roasted Brussels, housemade Teriyaki glaze GF	21
▶ Shrimp & Scallops (after 5pm) pan-seared scallops & grilled shrimp over our Southern grits in a rich mushroom & corn ragout; topped with grilled asparagus GF	26
Cajun Crab Shrimp & Grits (after 5pm) grilled shrimp over our Southern grits in a Creole sauce featuring lump crab, peppers, onions, garlic, corn relish and fried okra	25
Seven Senses Choice Filet* 8 oz choice center cut filet, choice of 2 sides GF	29
Filet Combo* 4 oz center cut filet + choice of chicken, shrimp, tuna or scallops, choice of 2 sides	25
Add lump crab meat to your steak (\$6)	

SANDWICHES

Includes house chips/dip; side substitutes \$1.50

▶ **Chicken Salad Croissant** *grilled chicken, chopped pecans, grapes, lettuce, tomato* 8

Blackened Mahi Mahi *lightly blackened Gulf mahi mahi, lettuce, tomato, dijonaise on brioche bun* 13

The Club *smoked ham & turkey, bacon, cheddar, Monterey jack, lettuce, tomato on Texas toast* 9

▶ **Fried Green Tomato BLT** *fried green tomatoes, bacon, lettuce, dijonaise on a butter croissant* 9

Santa Fe Chicken *grilled chicken, guacamole, lettuce, tomato, onion, bacon, Monterey jack, chipotle ranch on brioche bun* 10

Hot Fried Chicken *fried chicken, Monterey jack, jalapenos, lettuce, tomato, chipotle ranch on brioche bun* 8

Westside Philly* *beef tenderloin with grilled peppers, onions & mushrooms, cheddar cheese on hoagie* 13

Reuben *corned beef, sauerkraut, Swiss, Thousand Island dressing on rye bread* 11

Margherita Melt *mozzarella, tomatoes, herbed garlic cheese, basil, caramelized onions on Texas toast* 8

Hot Ham & Cheese Croissant *smoked ham, Monterey jack & cheddar, lettuce, tomato, honey mustard* 9

▶ **Filet Sliders*** *beef tenderloin, grilled onion, bacon, Swiss, mushroom burgundy sauce (on side)* 13

Monterey Chicken Sliders *grilled chicken, bacon, mushrooms, Monterey jack, chipotle ranch* 8

SOFT TACOS

Includes house chips/dip; side substitutes \$1.50

▶ **3 Soft Tacos** *romaine, tomato, jalapeno, salsa, white cheddar, cilantro, chipotle ranch*
- With Chicken (10), Shrimp (12), Mahi Mahi (13), Tuna (14), or Steak (14)

BURGERS

Includes house chips/dip; side substitutes \$1.50

Bacon Cheeseburger* 11
- with bacon, lettuce, tomato, onion, cheddar
- add grilled onions, grilled mushrooms, jalapenos or extra cheese (\$.50 each)
- add extra bacon or fried egg (\$1 each)

WRAPS

Includes house chips/dip; side substitutes \$1.50

Southern Chicken Wrap *grilled or fried chicken, lettuce, tomato, cheddar, bacon, ranch* 10

Turkey Guacamole Wrap *smoked turkey, guacamole, romaine, tomato, onion, cheddar, chipotle ranch* 9

Grilled Chicken Caesar Wrap *grilled chicken, lettuce, tomato, onion, parmesan, Caesar dressing* 9
- Substitute Shrimp (+2) or Tuna (+4)

▶ **Steak & Mushroom Wrap*** *beef tenderloin, grilled mushrooms and onions, provolone, chipotle ranch* 13

Sweet & Sour Wrap *lettuce, carrots, scallions, cucumber, sweet & sour sauce* 7
- Add Chicken (+3) or Shrimp (+5)

▶ **Buffalo Wrap** *fried chicken, lettuce, tomato, bleu cheese crumbles, chipotle ranch, Buffalo sauce* 10
- Substitute Shrimp (+3)

QUESADILLAS

Cheese Quesadilla *white cheddar, onions, peppers, mushrooms, jalapenos, cilantro, chipotle ranch* 8
- Add Chicken (+3) or Steak (+7)

LUNCH COMBOS (11-3 daily)

Half Sandwich/Soup Cup 8

Half Sandwich/Side Salad 8

Side Salad/Soup Cup 7

SANDWICHES AVAILABLE AS A COMBO:

Chicken Salad (on white) • Club • Reuben • Margherita Melt • Ham & Cheese (on white)

SIDE SALADS AVAILABLE AS A COMBO:

Caesar • Field Greens

SIDES (Prices as listed unless included with meal)

House Chips (2) • French Fries (3) • Broccoli (3)
Mashed Potatoes (3) • Parm Mash (4) • Loaded Mash (4)
Roasted Sweet Potatoes (4) • Fried Rice (3)
Mac & Cheese (4) • Fried Okra (3) • Green Beans (3)
Grits (4) (after 5pm) • Fried or Grilled Asparagus (4)
Sweet Chili Brussels (4) • Side Salad (4)
Fried Green Tomatoes (4) • Fried Pickles (3)
SIDE SAMPLER PLATE: 3 choices (10% OFF)

* **Eating raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness!** *
Please let your server know if you'd like to see our vegan or vegetarian menus. 18% service charge may be automatically applied to parties of 6 or more. Menu items and prices are subject to change without notice. Open daily for lunch and dinner, except Sunday.