



# LUNCH/DINNER MENU

## STARTERS

<b>Charred Salsa</b> ( <i>tortilla or house chips</i> )	5
<b>Pork Rinds</b> ( <i>Cajun, BBQ, Mojito Lime or Mango Habanero</i> )	5
<b>Smoked Pork Queso</b> ( <i>topped w/bacon</i> )	6
<b>Soft Pretzel Bites</b> ( <i>w/queso and beer mustard sauces</i> )	6
<b>Fried Pickles</b> ( <i>w/dijonnaise</i> )	6
▶ <b>Bacon Cheese Grit Puppies</b> ( <i>w/dijonnaise &amp; sweet chili</i> )	7
<b>Spinach Dip</b> ( <i>topped w/bacon &amp; jalapenos</i> )	7
<b>Loaded Fajita Nachos</b>	7
- Add Grilled Chicken (+3) or Steak (+8)	
<b>Hatch Chile Pimento Cheese Dip</b> ( <i>w/pork rinds</i> )	8
▶ <b>Fried Green Tomatoes</b> ( <i>w/chipotle ranch &amp; dijonaise</i> )	8
<b>Boneless Hot Wings</b> ( <i>fried; w/ranch or bleu cheese</i> )	9
▶ <b>Yellowfin Ahi Tuna*</b> ( <i>pan-seared saku, served rare w/creamy cucumber slaw &amp; chipotle aioli</i> ) GF	12

**HAPPY HOUR: 3-6pm daily**  
Includes \$2 off select Starters:  
Charred Salsa, Pork Rinds, Smoked Pork Queso,  
Soft Pretzel Bites, Fried Pickles

**ASK FOR OUR VEGETARIAN/VEGAN MENU**

## ENTREES

▶ <b>Chicken Mac</b> ( <i>grilled chicken over elbow macaroni in a creamy white cheddar sauce, topped with bacon, tomatoes, &amp; scallions</i> )	16
<b>Smoked Pork Belly &amp; Grits (after 5pm)</b> ( <i>Tender pork belly served over creamed corn grits, paired with green beans, topped with cherry &amp; apricot relish and demi glaze</i> )	18
<b>Sweet Potato Alfredo Pasta</b> ( <i>linguine tossed in sweet potato infused Alfredo sauce with broccoli, mushrooms, caramelized onions, topped with Boursin cheese</i> )	18
- Add Chicken (+3), Shrimp (+5), 4 oz Filet (+11)	
▶ <b>Beef Burgundy Pasta*</b> ( <i>beef tenderloin (served medium rare) over linguine mixed in a mushroom burgundy cream sauce with onions, topped with parmesan cheese</i> )	25
<b>Chicken Tenders Plate (Grilled or Fried)</b> ( <i>choice of sauce and 2 sides (GF grilled only)</i> )	17
▶ <b>Sweet Chili Pork Chop*</b> ( <i>tender 12 oz center cut chop, sweet chili sauce (on side), choice of 2 sides</i> ) GF	23
▶ <b>Kristen's Stir Fry</b> ( <i>Chef Kristen's popular recipe: fried rice, broccoli, carrots, mushrooms, cabbage, cilantro, scallions, toasted sesame, house-made Teriyaki sauce</i> ) GF	18
- Add Chicken (+3), Shrimp (+5), Tuna (+11), or 4 oz Filet (+11)	

## SALADS/SOUP

<i>Add Chicken or Chicken Salad (+3), Shrimp (+5), Salmon (+7), Mahi Mahi (+9), Tuna (+11), or 4 oz Filet (+11)</i>	
<b>Field Greens</b> ( <i>small/large</i> )	5/8
<b>Caesar</b> ( <i>small/large; w/fried green tomato</i> )	5/8
<b>Cobb Salad</b> ( <i>large field greens salad with bacon &amp; egg</i> )	10
<b>Chef Salad</b> ( <i>with smoked turkey &amp; ham</i> )	11
<b>Apple Pecan Salad</b> ( <i>w/cherry vinaigrette dressing (featuring apples, toasted pecans, dried tart cherries, red grapes, bleu cheese crumbles)</i> )	12

**DRESSINGS:** Bleu Cheese • Caesar • Cherry Vinaigrette • Honey Mustard • Oil/Vinegar • Ranch • Thousand Island

<b>Homemade Soup of the Day</b> ( <i>cup/bowl</i> )	4/6
- Ask about our seasonal soup flavor of the day	

## LUNCH COMBOS (11-3 daily)

<b>Half Sandwich/Soup Cup</b>	9
<b>Half Sandwich/Side Salad</b>	9
<b>Side Salad/Soup Cup</b>	8

**SANDWICHES AVAILABLE IN A COMBO:**

Chicken Salad (on white) • Club • Reuben • Pimento Cheese Melt • Ham & Cheese (on white)

**SIDE SALADS AVAILABLE IN A COMBO:**

Caesar • Field Greens

<b>Tennessee Meatloaf</b> ( <i>2 loaves of homemade meatloaf, parmesan mashed potatoes, garlic green beans</i> )	19
▶ <b>Grilled Atlantic Salmon</b> ( <i>6 oz grilled salmon filet topped with herbed cheese, served with garlic green beans, mashed potatoes, cherry vinaigrette drizzle</i> ) GF	23
<b>Lemon Pepper Mahi Mahi</b> ( <i>6 oz grilled Mahi Mahi filet with lemon pepper seasoning, choice of 2 sides</i> ) GF	26
<b>Teriyaki Tuna*</b> ( <i>8 oz pan-seared saku (served rare), fried rice, roasted Brussels, house-made Teriyaki glaze</i> ) GF	Mkt
▶ <b>Shrimp &amp; Grits (after 5pm)</b> ( <i>grilled shrimp over our signature Southern grits in a rich mushroom &amp; corn ragout; topped with grilled asparagus</i> ) GF	24
<b>Lowcountry Bowl (after 5pm)</b> ( <i>grilled shrimp over our Southern grits in a Creole sauce featuring lump crab, peppers, onions, garlic, corn relish and fried green tomato</i> )	25
<b>Seven Senses Choice Filet*</b> ( <i>8 oz center cut filet, choice of 2 sides</i> ) GF	36
<b>Filet Combo*</b> ( <i>4 oz center cut filet, choice of 2 sides</i> )	27
- Paired with grilled or fried Chicken (+3), grilled or fried Shrimp (+5), Tuna (+11)	
Add lump crab meat to your steak (+6)	

## SANDWICHES

Includes house chips/dip; side substitutes \$1.50

- **Chicken Salad Croissant** *grilled chicken, chopped pecans, grapes, lettuce, tomato on a butter croissant* 8
- The Club** *smoked ham & turkey, bacon, cheddar, Monterey jack, lettuce, tomato on Texas toast* 11
- Hot Ham & Cheese Croissant** *smoked ham, Monterey jack & cheddar, lettuce, tomato, honey mustard* 10
- Barbecue Chicken** *grilled chicken, apple cabbage slaw, provolone cheese, barbecue sauce on brioche bun* 11
- **Fried Green Tomato BLT** *fried green tomatoes, bacon, lettuce, dijonaise on a butter croissant* 9
- Hot Fried Chicken** *fried chicken, Monterey jack, jalapenos, lettuce, tomato, Buffalo sauce, chipotle ranch on brioche bun* 9
- Reuben** *corned beef, sauerkraut, Swiss, Thousand Island dressing on rye bread* 12
- Blackened Mahi Mahi** *lightly blackened Gulf mahi mahi, lettuce, tomato, dijonaise on brioche bun* 14
- Pimento Cheese Melt** *house-made Hatch chile pimento cheese spread with tomato on Texas toast* 8
- **Filet Sliders\*** *choice beef tenderloin, grilled onion, bacon, Swiss, mushroom burgundy sauce (on side)* 15
- Monterey Chicken Sliders** *grilled chicken, bacon, mushrooms, Monterey jack, chipotle ranch* 9
- Westside Philly\*** *beef tenderloin with grilled peppers, onions & mushrooms, cheddar cheese on hoagie* 13
- Chicken French Dip** *grilled chicken, provolone cheese, caramelized onions on hoagie, served with mushroom au jus* 11

## BURGERS

Includes house chips/dip; side substitutes \$1.50

- Bacon Cheeseburger\*** 11  
- with bacon, lettuce, tomato, onion, cheddar  
- add grilled onions, grilled mushrooms, jalapenos or extra cheese (\$.50 each)  
- add extra bacon or fried egg (\$1 each)
- Black & Bleu Burger\*** 11  
*(blackening seasoning, bleu cheese crumbles, bacon, caramelized onion, lettuce, tomato)*
- Mushroom & Swiss Burger\*** 11  
*(w/lettuce, tomato, onion)*
- Pimento Cheese Burger\*** 12  
*(Hatch chile pimento cheese w/lettuce, tomato, onion)*

► **Seven Senses Favorite**

GF **Gluten Free Item (before sides)**

## WRAPS

Includes house chips/dip; side substitutes \$1.50

- Southern Chicken Wrap** *grilled or fried chicken, lettuce, tomato, cheddar, bacon, ranch* 10
- **Steak & Mushroom Wrap\*** *beef tenderloin, grilled mushrooms and onions, provolone, chipotle ranch* 14
- Turkey Apple Wrap** *smoked turkey, herbed cheese spread, apples, dried cherries, lettuce, onion, cherry vinaigrette* 10
- Grilled Chicken Caesar Wrap** *grilled chicken, lettuce, tomato, onion, parmesan, Caesar dressing* 9  
- Substitute Shrimp (+2)
- **Buffalo Wrap** *fried chicken, lettuce, tomato, bleu cheese crumbles, chipotle ranch, Buffalo sauce* 10  
- Substitute Shrimp (+3)
- Teriyaki Wrap** *lettuce, carrots, scallions, cucumber, teriyaki sauce* Add Chicken (+3) or Shrimp (+5) 7

## QUESADILLAS

- Chicken Quesadilla** *grilled chicken, white cheddar, onions, peppers, mushrooms, jalapenos, cilantro, chipotle ranch* 11
- Buffalo Chicken Quesadilla** *grilled chicken, white cheddar, bleu cheese crumbles, onion, jalapenos, Buffalo sauce, chipotle ranch* 12
- Smoked Pork Belly Quesadilla** *tender pork belly, Hatch chile, onion, gouda cheese, cilantro, chipotle ranch* 12
- BBQ Chicken Quesadilla** *grilled chicken, tomato, onion, flame roasted corn, BBQ sauce, chipotle ranch* 12
- Southwest Steak Quesadilla\*** *beef tenderloin, flame roasted corn, gouda cheese, tomato, onion, jalapeno, mojito lime season, cilantro, chipotle ranch* 16

## SOFT TACOS

Includes house chips/dip; side substitutes \$1.50

- **3 Soft Tacos** *romaine, tomato, jalapeno, salsa, white cheddar, cilantro, chipotle ranch*  
- With Chicken (10), Shrimp (12), Mahi Mahi (14), Tuna (16), or Steak (16)

## SIDES (Prices as listed unless included with meal)

### SIDE SAMPLER PLATE: 3 choices (10% OFF)

- House Chips (2) • French Fries (3) • Broccoli (3)  
Mashed Potatoes (3) • Parm Mash (4) • Loaded Mash (4)  
Roasted Sweet Potatoes (4) • Apple Cabbage Slaw (4)  
Mac & Cheese (4) • Fried Rice (3) • Green Beans (3)  
Side Salad (5) • Fried or Grilled Asparagus (4)  
Sweet Chili Brussels (4) • Fried Pickles (3)  
Fried Green Tomatoes (4) • Grits (4, after 5pm only)

\* **Eating raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness! \***

Please let your server know if you'd like to see our vegan or vegetarian menus. 18% service charge may be automatically applied to parties of 6 or more. Menu items and prices subject to change without notice. Open daily for lunch and dinner, except Sunday-Monday.